



## Steroids for Refractory Shock in the PICU

### ***Internet Enduring Material***

***Release Date:*** 08/23/2021

***Expiration Date for Credit:*** 08/22/2024

***Content was originally presented during a live webinar on August 18, 2021.***

### ***Accreditation***

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***Time to Complete:*** The estimated time for completion of this Internet Enduring Material is 60 minutes.

***Target Audience:*** This presentation is intended for clinicians including physicians, advanced practice providers, and other relevant clinicians.

### ***Mitigation of Relevant Financial Relationships***

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### ***Disclosure of Financial Relationships***

*The planners, moderators or speakers of this activity have the following financial relationship(s) with ineligible companies to disclose:*

**Dustin Monroe, MD, MBA:** I have no financial relationships to report. *FDA Disclosures:* None to report.

**Nicole Brenson, MS.Ed:** I have no financial relationships to report.

**Vicky Leamy, DNP, APRN, NNP-BC:** I have no financial relationships to report.

### ***Commercial Support***

There is no commercial support for this educational activity.

## **Overview**

Steroids may increase mortality in some pediatric patients. This presentation will address evidence-based guidelines for the treatment of sepsis through the cautious use of steroids in the pediatric ICU patient.

## **Objectives**

### ACCME Objectives

*At the conclusion of this activity, the participant will be able to:*

1. Describe the etiology and diagnosis of pediatric shock.
2. Identify current therapeutics for pediatric shock including septic (distributive) shock.
3. Discuss steroids use for refractory shock in pediatric patients.

### CME – ACGME/ABMS Competencies

- Patient Care and Procedural Skills
- Medical Knowledge
- Practice-based Learning and Improvement

### ANCC Learning Outcomes

1. Describe the etiology and diagnosis of pediatric shock.
2. Identify current therapeutics for pediatric shock including septic (distributive) shock.
3. Discuss steroids use for refractory shock in pediatric patients.

### ANCC – IOM Competencies

- Provide patient-centered care
- Work In Interdisciplinary Teams
- Employ evidence-based practice

## **Participation and Credit:**

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*<sup>™</sup>, or nursing contact hour(s).

There are no fees for participating in or receiving credit for this online educational activity. For information on applicability and acceptance of credit for this activity, please consult your professional licensing board.

**Contact:** Should you have any questions or concerns, please contact us at [continuing\\_education@mednax.com](mailto:continuing_education@mednax.com)